

Infection Control and Procedure Policy



Infection Control Policy

I commit myself to the highest standards of practice and will ensure that the health, safety and well-being of my clients are maintained at all times.

I will implement all infection control protocols applicable to a professional Massage Therapy clinic.

Procedure Policy

1. Linen will be stored to ensure its cleanliness at all times and at times of use.
2. All used / soiled linen will be stored in an appropriate storage unit with a lid.
3. Any linen that is in direct contact with a client's skin is single use only. This linen will be placed in the appropriate storage basket after each session and it will be laundered on a daily basis.
4. Massage mediums (oils, balms etc) will be in an appropriate container that prevents cross contamination (a spatula will be used for balms).
5. I will maintain personal hygiene at all times.
6. I will wash and dry hands before and after each client. If hand-washing facilities are not available, I will use an appropriate hand sanitizer before and after each client.
7. I will dry hands using single use disposable towels or single use washable towels.
8. I will not wear jewellery on my hands or wrists during a treatment session and I will ensure that fingernails are kept short and clean at all times.
9. Any exposed areas of the massage table/chair and bolsters will be cleaned and disinfected after each client.
10. Any client who shows signs of illness and if I feel that treatment would be detrimental to the client's health, the client will not be treated.
11. At my discretion I may wear latex free gloves during the treatment session to protect both the client and myself. This includes instances where I may have cuts or injuries to my hands.

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