

Reiki – Okuden Level II

Reiki Shoden Level I – pre-requisite required.



REIKI is an energy healing modality that originated in Japan.

The word Reiki means:

Rei – Universal

Ki – life force energy

Okuden is the Japanese word for ‘inner teachings’.

As the word implies, a deeper understanding and connection to Reiki is achieved during this course.

Reiki Okuden Level II is for those who wish to develop:

- a career as a Reiki Practitioner
- a deeper understanding of the power of Reiki within your life
- or to enhance your personal spiritual development.

This level teaches you how to connect to different energies within the Reiki system. This is achieved through the practice of using Reiki symbols and Reiki mantras.

This course will enable you to enhance your own energy levels and sensitivity. There are many aspects of the symbols and mantras which include chanting and visualisation techniques.

Distant healing is one of the major benefits of working in this manner and is naturally practised in the course. As your awareness grows, so does your ability to help others. We also discuss treating clients professionally in this level of Reiki.

Additional Japanese Reiki techniques are taught to assist your spiritual growth even further.

After completing Okuden level, the student is expected to continue with the practice of Reiki on oneself and others where possible. This ensures the continuation of the energetic clearing, which was initiated during the course itself.

Reiki Okuden Level II training includes:

- Learn and connect to the sacred Reiki Symbols and Mantras
- How perform a distant Reiki healing
- Additional Japanese Reiki Meditations and Techniques to assist in your spiritual growth
- A deeper level of the Cleansing Process – mentally, emotionally, physically & spiritually
- Developing and strengthening your Spiritual and Mental Focus
- Understanding the Attunements
- Scanning and Beaming a person’s Aura
- The Reiki Precepts a deeper understanding
- Treating clients professionally
- Setting up your Reiki Practice
- 5 weeks – 2.5 – 3 hours per week
- Well-being Investment - \$655

Each student will receive Certificate as a Reiki Okuden Level II Practitioner.

Whispering Souls

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